

# February



2014



BES/ROES Lunch = \$3.75

Entrée (Includes Whole Grain) +  
Fruit and Vegetables + Milk or  
Cup for Water



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 ½ Grilled Cheese Cup of Soup Fruit	4 Pick Up Stix Fruit	5 Burrito w/Turkey Taco Meat Veggie Sticks Fruit	6 Chicken Tenders Sweet Potato Fries Fruit	7 Cheese Pizza Garden Salad Fruit	8
9	10 *Vegetarian Taco Salad Tortilla Chips Fruit	11 Spaghetti w/Turkey Marinara Sauce Garden Salad Fruit	12 Grilled Chicken Rice w/Veggies Fruit	13 *Fit Burger Veggie Sticks Fruit	14 Cheese Pizza Garden Salad Fruit	15
16	17 	18 Pick Up Stix Fruit	19 Burrito w/Turkey Taco Meat Veggie Sticks Fruit	20 Chicken Tenders Sweet Potato Fries Fruit	21 Cheese Pizza Garden Salad Fruit	22
23	24 *Vegetarian Taco Salad Tortilla Chips Fruit	25 Spaghetti w/Turkey Marinara Sauce Garden Salad Fruit	26 Grilled Chicken Rice w/Veggies Fruit	27 *Fit Burger Veggie Sticks Fruit	28 Cheese Pizza Garden Salad Fruit	
* Contains Soy						